

Full Report (All Nutrients) 45107642, ZATARAIN'S, CRISPY SEASONED ALL PURPOSE BATTER BREADING MIX, UPC: 071429012219

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Zatarain's Inc.

Nutrient	Unit	Data points	Std. Error	0.25 cup 33g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	110	333
Protein	g	--	--	2.00	6.06
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	25.00	75.76
Minerals					
Iron, Fe	mg	--	--	1.80	5.45
Sodium, Na	mg	--	--	660	2000
Vitamins					
Vitamin A, IU	IU	--	--	100	303

Lipids

Amino Acids

Other

Ingredients

ENRICHED WHEAT FLOUR (BLEACHED WHEAT & MALT BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED CORN FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SEA SALT, SALT, SPICES (INCLUDING RED PEPPER), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GARLIC, GUAR GUM, AND ONION. *Date Last Updated by Company: 05/16/2016*